



المدرسة الهندية – مسقط

INDIAN SCHOOL MUSCAT

(Affiliated to the Central Board of Secondary Education, New Delhi. Affiliation No. 6130001)

ص.ب : ٢٤٧٠ ، روي، الرمز البريدي : ١١٢ ، سلطنة عمان. هاتف : ٢٤٧٠-٢٥٦٧ ، ٢٤٧٨٤-٥٥ ، ٢٤٧٨٤-٦٩ ، ٢٤٧٨٤-٩٧ – فاكس : ٢٤٧٩٤٩١٩  
P.O. Box: 2470, Ruwi, Postal Code: 112, Sultanate of Oman - Tel.: 24784097, 24784069, 24784055, 24702567 - Fax : 24794919  
Email : ismoman@omantel.net.om Website: www.ismoman.com



ISM/PRN/112/2025-26

September 14, 2025

### CIRCULAR TO PARENTS OF CLASSES III TO IX

#### Invitation for sending entries for October edition of *Sapno ki Udaan*-an e-Magazine published by the NCERT

Dear parent,  
Greetings from Indian School Muscat!

We are pleased to share the CBSE's Invitation for sending entries for October edition of *Sapno ki Udaan*-an e-Magazine published by the NCERT.

The theme for October 2025 issue of the magazine has been changed. The October 2025 issue of *Sapno ki Udaan* invites original, creative and thought- provoking contributions on the different aspects of the theme “**SWADESHI**”.

#### Suggested sub-themes:

- Swadeshi as Cultural Identity
- Unsung Heroes of the Swadeshi Movement
- Women and Swadeshi
- Students in the Swadeshi Movement
- Pride in Indian Crafts and Handlooms
- Make in India, Made for the World
- Vocal for Local
- Eco-Friendly Swadeshi
- Digital Swadeshi
- Atmanirbhar Bharat
- Role of Swadeshi in Freedom Struggle
- Any other related to the main theme

The following categories can be on any theme and not necessarily on the theme highlighted. The specifications below has to be followed strictly:

- Article: 800 Words
- Story: 500 – 800 words
- Poem: 12 – 32 lines (max. 200 words)
- Essay: 500 – 800 words
- Dialogue: 300 – 500 words
- Travelogue: 500 – 800 words
- Info graph: 50 words per image or idea
- Quiz/Trivia: max. 20 questions
- Reflections: 500–800 words
- Play: 300 – 500 words





# المدرسة الهندية – مسقط

## INDIAN SCHOOL MUSCAT

(Affiliated to the Central Board of Secondary Education, New Delhi. Affiliation No. 6130001)

ص.ب : ٢٤٧٠ ، روي، الرمز البريدي : ١١٢ ، سلطنة عمان. هاتف : ٢٤٧٠ ٢٥٦٧ ، ٢٤٧٨٤ ٠٥٥ ، ٢٤٧٨٤ ٠٦٩ ، ٢٤٧٨٤ ٠٩٧ – فاكس : ٢٤٧٩٤٩١٩  
P.O. Box: 2470, Ruwi, Postal Code: 112, Sultanate of Oman - Tel.: 24784097, 24784069, 24784055, 24702567 - Fax : 24794919  
Email : ismoman@omantel.net.om Website: www.ismoman.com



- Photo Essay: An interesting image with a description in 250-300 words
- Illustration/Poster/Painting: High-resolution (300 dots per inch (dpi))
- Photographs: High-resolution JPG/JPEG/PNG (300 dpi)
- Slogans- 20-50 words

*Note: Please send your content with copyright-free images in the formats mentioned above.*

### Technical Guidelines:

- All submissions must be original and unpublished.
- Plagiarised or AI-generated content will not be accepted.
- The content should be informative and engaging.
- Follow the word limit and format instructions strictly.
- Entries are welcome in Hindi, English or any of the Indian languages.
- Text submissions should follow these formats:
- Hindi: Unicode, 14 pt, 1.5 spacing
- English: Times New Roman, 12 pt, 1.5 spacing
- Other Indian Languages: Unicode, 14 pt, 1.5 spacing

### Submission details :

Classes	Email id for submission	Last Date
III & IV	hodenglish.primary@ismoman.com	September 17, 2025
V to VIII	hodenglish.middle@ismoman.com	
IX	hodenglish.senior@ismoman.com	

**Note:** Please note that the contributors (students/teachers) whose work has been published once in Sapnon ki Udaan will not be considered for publication for the next three issues. This is to ensure opportunities for the new contributors.

Include the following with your submission:

Full Name

Class

School Name & Address

Contact Details (Email and Phone no.)

Kind regards,

Rakesh Joshi  
Principal

